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FIRST STEPS AT SUFFOLK

First-Year Student Experience

Students' first year at Suffolk is more than a year. It's an experience! At fall orientation, first-year students will connect with their RAM Supporter, participate in activities to help them build a sense of community, and learn how to be an inclusive Ram. First-year students are automatically registered for fall orientation (September 2) and will receive schedule details via their Suffolk email a few days beforehand. Fall orientation is required for first-year students. Please note, this event is not for families.

suffolk.edu/fye

RAM ACADEMY | AUGUST 29-31

New first-year students who've completed orientation can attend Ram Academy. This optional extension is a great way to get immersed in campus life and find out what it's really like to be a Suffolk student. Plus, incoming first-year students can make friends with other new Rams who share similar interests, while building connections with current students and members of Suffolk's faculty and staff.

Ram Academy participants choose from four tracks (Leadership, Arts & Culture, Multicultural & Social Justice, and Community Engagement & Service). Registration opens in early July. Cost: \$150.

suffolk.edu/ramacademy

Transfer Student Experience

Transfer students also team up with an expert RAM Supporter—ideally during the first week of classes. We'll email transfers in late August with instructions on how to set up this meeting's date and time.

Move-in Day

Students will select their move-in time before arrival. University Police and Boston Police will be on campus to direct traffic. Families will need to unload their cars and then immediately move them after unloading to the many parking lots near campus. Even though finding street parking can be a less expensive option, there is little availability near campus. We recommend that you plan on parking in a lot or garage.

Students will check in with Residence Life staff in the lobby of their residence hall and receive their room key. Move crews will be available to help students and families transport their belongings from their car to their room. We'll email more detailed move-in information to students in late August.





Important Dates for the 2024–2025 Academic Year

FALL 2024

September 2

Fall Orientation (First-Year Students)

September 3

First Day of Fall Semester Evening Classes

September 4

First Day of Fall Semester Day Classes

October 14

Indigenous Peoples' Day (University Closed)

October 18-20

Suffolk Weekend

November 11

Veterans Day (University Closed)

November 27-29

Thanksgiving Break (University Closed)

December 9

Last Day of Fall Semester Classes

December 10

Reading Day

December 11-18

Finals Week

SPRING 2025

January 13

First Day of Spring Semester Classes

January 20

Martin Luther King Jr. Day (University Closed)

February 17

Presidents' Day (University Closed)

March 10-14

Spring Break (All Classes Cancelled)

April 21

Patriots' Day (University Closed)

April 28

Last Day of Spring Semester Classes

April 29

Reading Day

April 30-May 6

Finals Week

INVOLVEMENT FAIR | SEPTEMBER 2

Get ready for connection, community, and fun at the Fall Involvement Fair! Meet 100+ student-led clubs and organizations, offices, and services that want to support you and help you get involved in campus life early and often. Did we mention tons of giveaways, free food, performances, and more?

This event—part of fall orientation for new first-year students—takes place on Labor Day in Sargent Hall. More details to come!



To see the full 2024–2025 academic calendar, visit suffolk.edu/academiccalendar.

For a comprehensive list of key University dates, go to **suffolk.edu/student-affairs/important-dates**.

SUFFOLK SLANG

CAS

College of Arts & Sciences

SBS

Sawyer Business School

RAM CARD

Suffolk's photo ID. It grants students access to campus buildings and allows them to pay for purchases both on and off campus.

CAFÉ CASH

Funds for on-campus dining. Café Cash is available to both residential and commuter students. A 10% bonus is added to an account when funds are added. Café Cash does not expire.

PRINT BUCKS

Funds allocated for on-campus printing purchases via an on-campus printing station or Papercut. The University allots students a set amount of funds each academic year. Print Bucks expire at the end of the academic year.

THE T

Boston's subway system. It's the easiest and most costeffective way to get around the city, aside from walking!

CHARLIECARDS

Reusable cards that can be loaded with cash value or passes to pay bus and subway fares.

0L

Orientation Leader. OLs are student staff employed by the Office of Orientation, New Student & Family Programs. They serve as group leaders, peer mentors/ educators, and positive role models both during and after orientation.

RA

Resident Assistant. RAs are live-in student staff employed by the Department of Residence Life & Housing Services. They create, support, and maintain a thriving community in the residence halls. RAs work as part of a team and serve as role models for other students.

RAM SUPPORTER

RAM Supporters serve as resource providers, advocates, peer mentors, and positive role models for new undergraduate students, assisting in each student's unique transition to Suffolk University. Go to page 15 for more details!

RD

Residence Director. RDs are live-in professional staff members employed by the Department of Residence Life & Housing Services. They oversee daily operations and management of the residence halls, supervise the RAs, and serve in an on-call duty rotation.

TA

Teaching Assistant. TAs are student staff who work under the direct supervision of a faculty member to support and enhance student learning.







ACADEMIC SUPPORT & STUDENT RESOURCES

Academic Deans

The deans of the College of Arts & Sciences and the Sawyer Business School offer students the advice and support they need to succeed academically and personally at Suffolk.

suffolk.edu/cas/about/administration suffolk.edu/business/about/message-from-the-dean

Center for Career Equity, Development & Success

Our center helps students prepare for their professional journeys and guides them to a world of opportunities. Our expert advisors will share their industry-specific knowledge and offer career-related initiatives in and out of class. Whether students are looking for a resume review, a mentor, an internship, information on their field, or even where to start, we're here for them all along their unique career paths.

We're committed to ensuring Rams gain valuable experience in their field before graduation, even if it's unpaid. That's why we created the Summer Career Development Stipend. Students whose opportunity meets certain criteria receive \$3,500 for an unpaid internship, volunteer experience, or research with a faculty member in the first or second summer after their first full year of courses.

617-573-8480 | careers@suffolk.edu © suffolk_careers

suffolk.edu/career-center

Center for Student Diversity & Inclusion (CSDI)

CSDI facilitates discussions and programs with students that promote the principles of equity, inclusion, access, and social justice.

Our staff also advises several student organization affinity groups, as well as the Diversity Peer Educators program. We offer both new and traditional initiatives, social programming, and student trainings that help develop multicultural competencies.

617-573-8613 | diversity@suffolk.edu

suffolk.edu/csdi

Information Technology Services (ITS)

ITS supports Rams' technology needs. Students receive a single sign-on username to log in to all Suffolk systems, including our WiFi network. Their Suffolk email address will be firstname.lastname@su.suffolk.edu. They also have access to Zoom (suffolk.zoom.us), Canvas (canvas.suffolk.edu), the full suite of Office apps through o365.suffolk.edu, plus features like DUO Mobile's two-factor authentication system and email password reset.

617-557-2000 | servicedesk@suffolk.edu

suffolk.edu/its

Interfaith Center

This center unites the Suffolk community through a number of events and specific resources dedicated to our students, staff, and faculty of all backgrounds. Resources include:

- → The University Chaplain
- → Worship Services
- → Sacred Text Study
- → Interfaith and Meditation Rooms
- → An Inclusive Ablution Area

Students can discuss religious accommodations and more in confidential counseling sessions with the chaplain.

617-573-8325 | interfaith@suffolk.edu © su_interfaith

suffolk.edu/interfaith

McNair Scholars Program

This program provides a comprehensive PhD and graduate school preparatory program for first-generation, low-income, and underrepresented students. You can find us in the Center for First-Generation & Educational Equity.

617-725-4110 | mcnair@suffolk.edu (\overline{O}) suffolkmcnair

suffolk.edu/mcnair

Rammy's Resource Center

This one-stop site helps students connect more easily with the on-campus resources they need. It's essentially a search engine, using keywords or phrases a student might use. For instance, someone searching for the word 'stress' will be directed to contact Counseling, Health & Wellness. Students may also choose to scroll through topics or resources to learn more.

suffolk.edu/resources

Student Account Services

This office is responsible for maintaining students' accounts, which includes billing, processing payments and refunds, and providing information on tuition costs and payments. It also offers information on tuition insurance and waiving Suffolk's health insurance plan.

617-573-8488 | studentaccounts@suffolk.edu

suffolk.edu/about/directory/student-account-services

Student Affairs

The Office of Student Affairs is the hub of support services at Suffolk. We oversee a suite of programs that support students through the challenges they might face—including the Suffolk CARES food pantry, emergency funding grants, and upholding our Community Standards. If students experience personal, financial, or academic difficulties, Student Affairs is here to help.

617-573-8239 | studentaffairs@suffolk.edu © sustuaffairs

suffolk.edu/studentaffairs

Student Financial Services

We help students and families determine their aid eligibility and financing options. Our office is available every step of the way—from applying as a prospective student to preparing for graduation to keeping up with the latest on the FAFSA.

617-573-8488 | ramcenter@suffolk.edu © suramcenter

suffolk.edu/student-financial-services

Veterans Services

Suffolk offers specialized programs for military members and families, as well as academic initiatives, activities, and dedicated resources for veterans.

Coordinator of Veterans Services: Alex Paterson 617-573-8321 | veterans@suffolk.edu

suffolk.edu/veterans





DIVISION OF STUDENT SUCCESS

This division's resources help students develop critical skills for the classroom and beyond. Each works independently and collaboratively to empower students to reach their full academic, professional, and personal potential.

617-573-8034 | suffolk.edu/studentsuccess

Center for Learning & Academic Success (CLAS)

COACHING & ACADEMIC SUCCESS PROGRAMS

Academic coaches partner with students to clarify their individual goals and priorities for the semester, through graduation. We help ensure they manage their time effectively, study efficiently, and use campus resources.

TUTORING & PEER-TO-PEER SUCCESS SERVICES

Our staff leads tutoring, study groups, and workshops. We offer in-person and online one-on-one tutoring appointments in 500+ courses each semester, along with writing tutoring. Drop-in tutoring is offered for math, statistics, and accounting, as well as English language tutoring and weekly English language workshops. Additionally, our academic skills workshops cover a wide array of topics.

SCHEDULE A TUTORING APPOINTMENT

By phone: 617-573-8034

Online: Log into Navigate account

SCHEDULE AN ACADEMIC COACHING APPOINTMENT

By email: odowney@suffolk.edu

O su_clas

suffolk.edu/clas





Center for International Education & Study Away

The Study Abroad/Away Office supports all Suffolk students planning for an off-campus academic experience. We help them explore and find opportunities that work for them personally, professionally, and academically. Students can spend a summer, semester, or academic year at any of our 40+ academic partners around the globe, or spend 1-2 weeks on an Academic Travel Seminar abroad or within the United States.

The International Student Services Office (ISSO) helps international students with visa requirements, travel, employment, and other immigration-related matters. We support their cultural adjustment and connect them to other relevant University resources. Our Home Away From Home program promotes cultural exchange between international and domestic students.

studyabroad@suffolk.edu | ② suffolk_abroad isso@suffolk.edu

suffolk.edu/global

Office of Disability Services (ODS)

The ODS is committed to providing equal access to students with disabilities. Through accommodation services, assistive technology, awareness, and advocacy training, our services ensure that students are able to participate in every opportunity available at Suffolk. For students interested in receiving our services, we request an initial intake appointment with one of our case managers.

617-573-8034 | disabilityservices@suffolk.edu suffolk.edu/disabilityservices

Undergraduate Academic Advising Center (UAAC)

Our advisors are here to guide students through their academic journey through course selection, major/minor exploration, and multi-semester planning. We do this by engaging in conversation, answering individuals' questions, and helping students design a plan that incorporates their academic, extracurricular, and personal goals.

SCHEDULE AN APPOINTMENT By phone: 617-573-8034

Online: Log into Navigate account academicadvising@suffolk.edu

suffolk_academicadvisingsuffolk.edu/advising



STUDENT INVOLVEMENT

Athletics

The Athletic Department provides a variety of educational, social, recreational, and athletic programs.

As an NCAA Division III institution, Suffolk has 20 varsity sports teams across multiple facilities:

- → Ridgeway Building, which houses the athletics department, Michael & Larry Smith Fitness Center, varsity weight room, and Larry E. Smith & Michael S. Smith Court (Men's & Women's Basketball and Volleyball)
- → East Boston Memorial Park (Men's & Women's Soccer, Baseball, Lacrosse, and Softball)
- → Louis E. Porrazzo Memorial Skating Rink (Men's & Women's Hockey)
- (o) gosuffolkrams

gosuffolkrams.com

Michael & Larry Smith Fitness Center

Inside this 5,800-square-foot space, students have free access to state-of-the-art treadmills, rowers, stationary bikes, circuit training equipment, weight racks, resistance machines, free weights, elliptical trainers, and more.

Intramural Sports

Suffolk's intramural and club sports programs give students the opportunity to be competitive and have fun without the demands of playing at the varsity level.

Sports offered vary by semester.







Student Activities & Leadership Opportunities

OFFICE OF STUDENT LEADERSHIP & INVOLVEMENT (SLI)

SLI connects Rams to activities as diverse as leadership trainings, professional sporting events, and campus concerts (like Post Malone!), as well as Suffolk's 100+ student clubs and organizations. From honors societies and Greek life to sports and cultural associations, students can easily find their scene both at the Involvement Fair during fall orientation and throughout the year via SUConnection.

617-573-8320 | sli@suffolk.edu | (6) suffolksli

suffolk.edu/sli

SUCONNECTION

There's so much to discover about our on-campus clubs, upcoming events, and how to maximize the Suffolk experience. Students can log in with their Suffolk University credentials.

suffolk.campuslabs.com/engage

THE JOURNEY PROGRAM

This program is a four-year comprehensive leadership experience built on the cornerstones of involvement, service, global thinking, and leadership. Students in the Journey Program are eligible to attend signature off-campus leadership experiences and opportunities with their cohort of student leaders, as well as one-off events offered by SLI. Yearly leadership trips include Chicago, Orlando, Key West, and Barbados!

igoiney_program

suffolk.edu/journeyprogram

SUFFOLK PERFORMING ARTS

Suffolk Performing Arts is the community arts center on campus. It provides opportunities for all members of the Suffolk community to participate, regardless of background or major. It supports a variety of student performing and arts affinity groups that frequently share their talents with the Suffolk community.

The University has two vibrant performance spaces—the beautifully restored Modern Theatre and the state-of-the-art Sullivan Studio Theatre.

617-305-6307 | performingarts@suffolk.edu © suffolkpao

suffolk.edu/performingarts

CENTER FOR COMMUNITY ENGAGEMENT (CCE)

CCE provides opportunities for Suffolk students to help make our communities more equitable and stronger through meaningful service projects. From registering voters with Suffolk Votes, to working with preschoolers with Jumpstart, to building houses with Habitat for Humanity, along with Alternative Spring and Winter Breaks and other experiences, CCE connects students with service projects that help them become active and responsible global citizens.

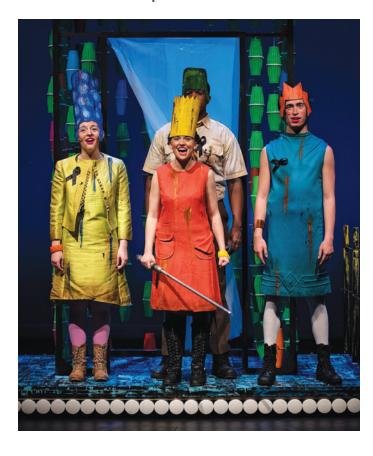
617-305-6306 | communityengagement@suffolk.edu © suffolkcce

suffolk.edu/community

SUFFOLKIMPACT

Managed by the Center for Community Engagement, SuffolkImpact makes it easy for students to explore volunteer opportunities, engage with nearby communities and neighborhoods, track their contributions, and build their personal and professional networks. Students can activate their account with their Suffolk credentials.

suffolk.edu/suffolkimpact



LEARNING & LIVING IN THE CITY

Ram Card/Card Services

All members of the Suffolk community are required to have a Ram Card for identification purposes and to access secure locations, such as residence halls and the library. It also links to students' Ram Account funds and meal plan balance.

617-573-8407 | ramcard@suffolk.edu © suffolkramcard

Add funds to a Ram Account by credit or debit card at **get.cbord.com/suffolk/full/guest_deposit.php.**

Discount MBTA Program

Students can purchase semester MBTA passes (subway, trains, buses, and boats) at a discounted rate through Student Leadership & Involvement. Fall passes run from September 1 to December 31. Spring passes run from January 1 to April 30.

617-573-8320

suffolk.edu/mbta

Commuter Student Lounge & Lockers

Located on the first floor of 73 Tremont Street, the Commuter Student Lounge serves as a space for commuter students to meet up, unwind during the school day, and store or heat up food on a day-to-day basis. They can also keep books and other school supplies on campus in lockers in 150 Tremont's sub-basement.

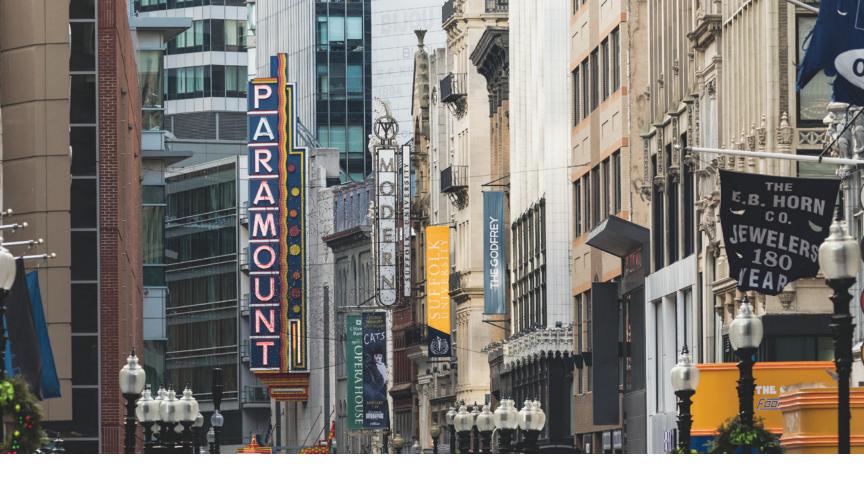
617-573-8320 | © suffolkcommuters

suffolk.edu/commuterstudent









Housing & Dining

ON-CAMPUS HOUSING

Suffolk University Residence Life & Housing Services offers housing to full-time undergraduate students. Our downtown Boston residence halls range from traditional dorms to apartment-style living. All incoming freshmen are guaranteed two years of University-sponsored housing.

617-305-2500 | reslife@suffolk.edu (\overline{o}) suffolkreslife

suffolk.edu/reslife

MAILING INFORMATION

Resident students can receive letters and packages sent directly to their residence halls. Fill out the corresponding mailing address along with the student's name:

ONE COURT STREET RESIDENCE HALL
1 Court Street | Boston, MA 02108

SMITH HALL

150 Tremont Street | Boston, MA 02111

NATHAN R. MILLER HALL

10 Somerset Street | Boston, MA 02108

10 WEST & MODERN THEATRE

10 West Street | Boston, MA 02111

OFF-CAMPUS HOUSING

Suffolk University Residence Life & Housing Services continues working with students beyond their first two years of University-sponsored housing and helps them transition to off-campus life in Boston and surrounding neighborhoods.

617-305-2500 | reslife@suffolk.edu

offcampushousing.suffolk.edu

DINING

Suffolk University Dining, powered by Chartwells Higher Education, is dedicated to enhancing the student experience on campus through food. Multiple meal plan options are available and vary in flexibility to fit any lifestyle. Resident students are required to have a meal plan. On-campus dining locations accept meal plans, cash, credit/debit, Ram Cards, and Café Cash.

dining@suffolk.edu | O suffolkudining

suffolk.edu/dining

STUDENT HEALTH & WELLNESS RESOURCES

Health Services

COUNSELING, HEALTH & WELLNESS (CHW)

CHW provides holistic and culturally-affirming counseling, medical, and wellness education services. Services are free for all students in our integrated care setting on campus. CHW includes a popular Wellness Resource Center for casual connections and relaxation. Plus, all students have access to a free Headspace account.

CHW's diverse and interdisciplinary team includes licensed doctoral- and master's-level counseling staff, board-certified Nurse Practitioners, and the professionals and students who staff our wellness education center.

Suffolk students have access to mental health support 24/7 via walk-in counseling appointments or by calling CHW after-hours to reach our confidential 24-hour phone counseling.

Students with urgent medical needs after-hours have access to two local urgent care centers, as well as nearby hospital systems. Information on urgent care options is available on our website.

617-573-8226 | health@suffolk.edu

suffolk.edu/chw

AFTER-HOURS NON-EMERGENCY MEDICAL CARE

Outside of CHW's hours of operation, students can make an appointment with one of the following medical practices:

MASS GENERAL BRIGHAM URGENT CARE BOSTON 137 Stuart Street, Unit A-7 Phone: 617-393-5059

MASS GENERAL BRIGHAM URGENT CARE BROOKLINE 1285 Beacon Street Phone: 617-751-6205

suffolk.edu/hospitals

PEER-HEALTH EDUCATORS (SUPERS)

SUPERs are student leaders who promote wellness education. They are nationally certified peer-health educators, available to connect with fellow students to discuss health-related questions, share educational materials, and offer referrals for on- and off-campus services and resources as needed.

wellness@suffolk.edu | O chw_supers

suffolk.edu/supers



Student Support Programs

COMMUNITY STANDARDS

Suffolk University serves to provide students with a living and learning environment that reflects the values of the Suffolk community and supports the University's commitment to developing our students' intellectual, social, and civic competencies. Staff members are available to provide support and answer questions regarding the student conduct process for any student or student organization. All students are encouraged to review the Community Standards and Student Conduct System—upheld by the Office of Student Affairs—in the Student Handbook.

O su_standards

suffolk.edu/student-life/student-services/student-affairs/community-standards

RAM SUPPORTERS

When new Rams join the Suffolk community, they won't make their way alone. We partner every new incoming undergraduate student with a Ram Supporter. This current student will serve as an advocate, peer mentor, and guide to academic and campus life here. Ram Supporters take special pride in getting involved on campus. And because they're such experts on life at Suffolk and in Boston, they're the perfect people to guide our newest Rams.

New students will be paired with a Ram Supporter, typically based on something they have in common. Whether they're student-athletes, commuter students, in the same school or major, international students, or from outside Boston, Ram Supporters will share helpful tips on how to create a unique Suffolk experience.

617-573-8321 | (©) suffolkrammy

suffolk.edu/ramsupporters

SUFFOLK CARES

Suffolk CARES assists students in finding the best resources for their individual needs and empowers them to advocate for themselves, so they can remain personally and academically successful. Resources and programs include, but are not limited to, case management, the Suffolk CARES pantry, food insecurity grants, and emergency funding grants.

617-573-8239 | @ suffolkcares

suffolk.edu/suffolkcares

SUFFOLK CARES PANTRY

This resource provides food items, personal hygiene products, cleaning and household supplies, and school supplies to Suffolk undergraduate, graduate, and law students in need at no cost.





SAFETY RESOURCES

LiveSafe

LiveSafe is available to any Suffolk community member free of charge and can be downloaded through the AppStore and Google Play. More than just a crime tip system, it lets users make calls to emergency phone numbers, look up Suffolk University's safety resources, and enable a 'safe walk' system with friends.

Campus Escorts

Campus escorts are available from any campus building to the entrance of the Park Street MBTA station, Charles River Parking Garage, Staniford Street Parking Garage, Center Plaza Parking Garage, and Government Center MBTA station.

To request a walking escort, students can call 617-573-8333 in advance or send a request via the LiveSafe app. A uniformed officer will meet them at a designated location.

suffolk.edu/campusescorts

University Police Department

The University Police Department detects, deters, and apprehends criminal offenders through prevention, cooperation, and enforcement. Security officers are stationed inside our buildings to maintain a fixed post, perform interior safety checks of buildings, enforce University rules and regulations, and deter criminal activity.

In person: 148 Cambridge Street, 4th Floor

Emergency Line: 617-573-8111 Non-Emergency Line: 617-573-8333 Boston Police and Fire Departments: 911

© suffolkuniversitypolice

suffolk.edu/safety

Title IX Supportive Measures

Suffolk offers support services to help individuals who have experienced sexual harassment—including sexual assault or sex-based discrimination—so they can continue to participate in campus life and continue their studies or employment at the University.

Creating a Safe Campus Environment and a Culture of Respect

Suffolk University is committed to providing a safe learning, living, and working environment for all members of the University community that is free from all forms of discrimination and sexual misconduct.

Examples of supportive measures include, but are not limited to:

- → University-issued and -enforced no-contact directives
- → SUPD campus escorts
- → Course-related extensions and adjustments
- → Leaves of absence
- → Work and/or course schedule changes
- → Increased monitoring of certain areas

Suffolk University's Sexual Misconduct Policy prohibits all forms of sex-based discrimination and harassment, including, but not limited to, sexual harassment, sexual assault, sexual misconduct, domestic violence, dating violence, retaliation, stalking, and issues regarding LGBTQIA+ rights.

Reporting Options

The University encourages anyone who experiences or learns about an incident of sexual misconduct or bias/discrimination to file a report immediately so Suffolk can respond accordingly. You may report an incident online (anonymously, if needed).

(ii) suffolktitleix

suffolk.edu/sexualmisconduct

EXPLORE MORE!







DIRECTORY

OFFICE OF ADMISSION

617-573-8460 | admission@suffolk.edu

COUNSELING, HEALTH & WELLNESS

617-573-8226 | health@suffolk.edu



617-573-8034 | disabilityservices@suffolk.edu

INTERNATIONAL STUDENT SERVICES OFFICE

617-573-8034 | isso@suffolk.edu

RAM REGISTRATION & FINANCIAL CENTER

617-573-8488 | ramcenter@suffolk.edu

DEPARTMENT OF RESIDENCE LIFE & HOUSING SERVICES

617-305-2500 | reslife@suffolk.edu

DIVISION OF STUDENT AFFAIRS

617-573-8239 | studentaffairs@suffolk.edu

SUFFOLK UNIVERSITY STORE

Monday-Thursday: 9 a.m.-4 p.m.

Friday: 9 a.m.-2 p.m.

617-227-8874

UNIVERSITY POLICE DEPARTMENT

Emergency Line: 617-573-8111

Non-Emergency Line: 617-573-8333

Boston Police and Fire Departments: 911

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