

**Patel, Amanda (Assistant Professor)**

**Refereed Journal Articles**

**Journal Article, Academic Journal**

Patel, A., Moake, T. R. Health behavior profiles: A person-centered approach to employee health. *The Social Science Journal*.

Watkins, T., Patel, A., Antoine, G. E. (2022). You are what you eat: How and when workplace healthy eating cultivates coworker perceptions and behaviors. *Journal of Applied Psychology*.

Moake, T. R., Patel, A. S. (2021). A cross-stressor adaptation perspective on challenge stressors, dietary behavior, and exercise of college students. *The Social Science Journal*.

Calderwood, C., ten Brummelhuis, L. L., Patel, A. S., Watkins, T., Gabriel, A. S., Rosen, C. C. (2020). Employee physical activity: A multidisciplinary integrative review. *Journal of Management*.

Patel, A. S., Moake, T. R., Oh, N. (2017). Employee engagement for an increasingly educated workforce: The impact of a competitive team climate. *Journal of Personnel Psychology*, 16(4), 186-194.

**Presentations**

Patel, Amanda, Steele, Clarissa R (Author Only), Beaver, Gregory (Author Only), Southern Management Association, "Sharing Insights or Blowing Smoke: The Implications of Volubility and Social Hierarchy in Groups," Southern Management Association. (October 2023).

Patel, Amanda, Newton, Daniel W (Presenter & Author), INGRoup Annual Conference, "Sharing insights or blowing smoke: The implications of speaking up and participation in community health centers," Interdisciplinary Network of Group Researchers. (July 2022).

Watkins, Trevor (Presenter & Author), Patel, Amanda S. (Author Only), Antoine, Giselle (Author Only), Academy of Management Annual Meeting, "You are what you eat: How and when workplace healthy eating cultivates coworker perceptions and behaviors," Academy of Management. (August 2020).

Patel, Amanda, Watkins, Trevor, Academy of Management Annual Meeting, "Engaging in physical activity: The interplay with work," Academy of Management. (2018).

Patel, Amanda, Turban, Daniel B, Academy of Management Annual Meeting, "The Role of exercise for broadening one's thought-action repertoire at work," Academy of Management. (2018).

Patel, Amanda, Society for Personality and Social Psychology Conference, "Physical activity and work-related outcomes: Implications beyond financial savings," Society for Personality and Social Psychology. (2018).

(Shaffer) Patel, Amanda, Academy of Management Annual Meeting, "What does it mean for employees to be their best selves at work?," Academy of Management. (2017).

(Shaffer) Patel, Amanda, Southern Management Association Conference, "Fundamental psychological needs in energy at work: Does Self-Determination Theory tell the whole story?," Southern Management Association. (2017).

(Shaffer) Patel, Amanda, Turban, Daniel B, Sheldon, Kennon M, Society for Industrial and Organizational Psychology Conference, "Psychological need fulfillment and the exertion of effort at work.," Society for Industrial and Organizational Psychology. (2016).